

THREE-WEEK COURSE FOR EXCHANGE STUDENTS 2011

VIKUSKIPULAG VIKU 1 - SCHEDULE WEEK 1

(Subject to minor changes)

	Mán /Mon. 01.08.	Þri /Tue. 02.08.	Mið /Wen. 03.08.	Fim /Thu. 04.08.	Fös /Fri. 05.08.	Lau./Sat. 06.08.	Sun./Sun. 07.08.
08-09							
09-12	Reykjavík-Núpur via Barðaströnd (450 km). Departure of the bus (reservation obligatory) 09:00 at BSÍ Bus station in Reykjavík. <i>Alternative flights: www.flugfelag.is</i>	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Free for own activities <ul style="list-style-type: none"> • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips <i>Accommodation at Hótel Núpur</i>	Free for own activities <ul style="list-style-type: none"> • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips <i>Accommodation at Hótel Núpur</i>
12-13		Lunch	Lunch	Lunch	Lunch		
13-14		13:15-14:00 Núpur-lfj			13:15-14:00 Núpur-lfj		
14-16		14:00-15:30 University Centre and Places to know.	Valnámskeið/ Electives at Núpur	Málfræði/Questions about grammar-Kór/Choir	Valnámskeið/ Electives at Ísafjörður		
16-18			Valnámskeið/ Electives at Núpur		Valnámskeið/ Electives at Ísafjörður		
18-19		17:00-18:30 lfj-Bónus-Núpur			18:30-19:00 lfj-Núpur		
19-20	IceBreaker at Núpur Dinner and introduction						
20-22		20:30 Bíó/Film		20:30 Bíó/Film			

VIKUSKIPULAG VIKU 2 - SCHEDULE WEEK 2

(Subject to minor changes)

	Mán /Mon. 08.08.	Þri /Tue. 09.08.	Mið /Wen 10.08.	Fim /Thu. 11.08.	Fös /Fri. 12.08.	Lau./Sat. 13.08.	Sun./Sun. 14.08.
08-09							
09-12	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Free for own activities <ul style="list-style-type: none"> • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips <i>Accommodation at Hótel Núpur</i>	Free for own activities <ul style="list-style-type: none"> • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips <i>Accommodation at Hótel Núpur</i>
12-13	Lunch	Lunch	Lunch	Lunch			
13-14		13:15-14:00 Núpur-lfj	Theatre: Gísli the Outlaw		13:15-14:00 Núpur-lfj		
14-16	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður	Heimsókn til Þingeyrar/Visit to Þingeyri	Málfræði/Questions about grammar-Kór/Choir	Valnámskeið/ Electives at Ísafjörður		
16-18	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður			Valnámskeið/ Electives at Ísafjörður		
18-19		17:30-18:30 lfj-Bónus-Núpur			18:30-19:00 lfj-Núpur		
19-20							
20-22	20:30 Bíó/Film	20:30 Bíó/Film		The poet Eiríkur Örn Norðdahl visits Núpur	00:00-00:30 lfj-Núpur Act alone	Act alone	Act alone

VIKUSKIPULAG VIKU 3 - SCHEDULE WEEK 3

(Subject to minor changes)

	Mán /Mon. 15.08.	Þri /Tue. 16.08.	Mið /Wen. 17.08.	Fim /Thu. 18.08.	Fös /Fri. 19.08.	Lau./Sat. 20.08.	
08-09							
09-12	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	Bekkir/Classes ABCD	FINAL EXAM	Núpur-Reykjavík via Hólmavík (460 km). Departure of the bus 9:00 from Núpur. Estimated arrival in Reykjavík: 17:00.	
12-13	Lunch	Lunch	Lunch	Lunch			
		13:15-14:00 Núpur-lfj					
14-16	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður		Málfræði/Questions about grammar-Kór/Choir	Hópavinna/Group work ABCD		
16-18	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður					
18-19		17:30-18:30 lfj-Bónus-Núpur				Menningarnótt í Reykjavík/ Cultural night in Reykjavík	
19-20							
20-22	20:30 Bíó/Film	20:30 Bíó/Film	20:30 Bíó/Film		Final ceremony and dinner at Núpur		

IceBreaker

IceBreaker at Hótel Núpur. Light buffet and introduction.

Ísafjörður – Places to know

A fun excursion around Ísafjörður where you get to know the town a little bit.

Classes in the morning: Mon-Fri 09-12

Basics Icelandic taught through lectures and exercises. Training in reading and writing skills up to CEFR level **A1/A2/B1**. Students will be divided into four groups and levels according to their own assessment and success in Icelandic Online. The course will end with a final exam.

Electives in the afternoon

In the afternoons you will have a wide variety of electives to choose from. Electives are to be signed up for via the virtual classroom My School on www.uwestfjords.is before or during the course. There are a maximum number of participants for each elective. Signing up for the electives starts on Tuesday 2 August at 15:00.

a) Núpur

The electives consist of pronunciation and conversation exercises for small groups, language games, problem-based learning, but here you will also find lectures in easy Icelandic (you will be surprised how much you already understand) as well as choir singing under the guidance of a professional choral director. Minimum number of participants is required for each course or the course will not be taught.

b) Ísafjörður

Electives offered in Ísafjörður focus on exercises in the society: you will improve your Icelandic by practicing in a supermarket as well as in the bakeries. You might want to take some time in between for a visit to

the cafés of Ísafjörður. Minimum number of participants is required for each course or the course will not be taught.

To offer more variety of electives to choose from the electives are both for students in the *Three-week Course for Exchange Students* and students in the *Three-week Course in Icelandic and Culture*.

Questions about grammar

Do you have any grammar questions? Here you can come and ask a teacher about grammar, whether you want to know more than what the morning lessons give you, or if you do not understand the grammar that is taught in the morning lesson. These sessions are not obligatory.

Watch a film with a teacher

Your instructor briefly introduces the film in simple Icelandic and goes over key vocabulary. Films will be in Icelandic (most have English subtitles). After the film there is time for discussion.

Gísla Saga theatre and visit to the sites of the saga in Haukadalur – visit to Þingeyri

Núpur is just opposite Haukadalur, where Gísli lived before he was outlawed. As Gísla Saga is one of the most famous Icelandic sagas, we think you should visit Haukadalur.

We will watch an acclaimed stage version of Gísla Saga, performed as a one-man production by Elfar Logi Hannesson. The Gísla Saga programme is included in the course fee.

Þingeyri is a small village in Dýrafjörður with many attractions. In Þingeyri you can taste a Belgium waffle at the coffee-house, go for a swim, sail on the vikingboat *Vésteinn* and maybe meet some vikings?

The Gísla Saga programme and the visit to Þingeyri are both for students in the *Three-week Course for Exchange Students* and students in the *Three-week Course in Icelandic and Culture*.

Kór - Choir

For three weeks there will be choir practices in Núpur, on Tuesdays and Thursdays under the guidance of a professional choral director, Bjarney Ingibjörg Gunnlaugsdóttir. The choir is for everybody who loves singing.

Act alone festival

Act alone is a theatre festival dedicated to the art of acting alone, a monodrama. The Act alone festival is held every year in the town of Ísafjörður in the Westfjords of Iceland. There is no entrance fee at the Act alone festival. The Comedy Theatre stands for Act alone and the director and founder of the festival is Elfar Logi Hannesson. For more information see the website www.actalone.net.

Saturdays and Sundays: Free time for your own activities

At Núpur Boarding School, nature and a few farms surround you. Bird watchers will find the arctic loon breeding some 400m from the school, and most of the other Icelandic birds in the schoolyard. Just step out and pick blueberries, go for a walk along the shore or up to the 750m high steep mountains behind the school. Nearby Hótel Núpur you can find the oldest botanical garden in Iceland, *Skrúður*, open at all times.

Hótel Núpur will organise horse riding and kayak tours as well as fjord angling for a reasonable fee. Jogging, football, ping-pong and other sports are just outside your doorstep. For reflection, we recommend Núpur church, or of course the wide, scenic nature.

As you are new to Iceland, in an area far from Reykjavík, you might want to make a day trip to some parts of the country you would otherwise not visit. Hótel Núpur can help you to organise day trips. Please contact Hótel Núpur (www.hotelnupur.is or info@hotelnupur.is) for more information or check www.westfjords.is or www.vesturferdis.is