

THREE WEEK COURSE FOR EXCHANGE STUDENTS 2010

VIKUSKIPULAG VIKU 1 - SCHEDULE WEEK 1 (subject to minor changes)

	Mán /Mon. 02.08.	Þri /Tue. 03.08.	Mið /Wen. 04.08.	Fim /Thu. 05.08.	Fös /Fri. 06.08.	Lau./Sat. 07.08.	Sun./Sun. 08.08.
08-09		Breakfast	Breakfast	Breakfast	Breakfast		
09-12	Reykjavík-Núpur via Barðaströnd (450 km): Departure of the bus (reservation obligatory) 09:00 at BSÍ Bus station in Reykjavík Alternative flights: www.flugfelag.is	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Free for own activities • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips	Free for own activities • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips
12-13		Lunch	Lunch	Lunch	Lunch		
13-14		Núpur-lfj 13:15-14:00			Núpur-lfj 13:15-14:00		
14-16		Ísafjörður: University Centre	Valnámskeið/ Electives at Núpur	Málfræði/Questions about grammar	Electives at Ísafjörður		
16-18		Ísafjörður: Places to know.	Valnámskeið/ Electives at Núpur		Electives at Ísafjörður		
18-19		Ífj-Bónus-Núpur 17:30-18:30			Bíó/Film in Ísafjarðarbíó 18:15		
19-20				Ífj-Núp 20:30-21:00	Accommodation at Hótel Núpur	Accommodation at Hótel Núpur	
20-22	IceBreaker at Núpur Dinner and introduction				Bus Ífj-Núp 00:00 on request		

VIKUSKIPULAG VIKU 2 - SCHEDULE WEEK 2 (subject to minor changes)

	Mán /Mon. 09.08.	Þri /Tue. 10.08.	Mið /Wen. 11.08.	Fim /Thu. 12.08.	Fös /Fri. 13.08.	Lau./Sat. 14.08.	Sun./Sun. 15.08.
08-09	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
09-12	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Free for own activities • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips	Free for own activities • horse riding • kayak • walking • climbing • bird watching • fjord angling • day trips
12-13	Lunch	Lunch	Lunch	Lunch	Lunch		
13-14		Núpur-lfj 13:15-14:00			Núpur-lfj 13:15-14:00		
14-16	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður	Excursion to Þingeyri	Málfræði/Questions about grammar	Valnámskeið/ Electives at Ísafjörður		
16-18	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður			Valnámskeið/ Electives at Ísafjörður		
18-19		Ífj-Bónus-Núpur 17:30-18:30			Bíó/Film in Ísafjarðarbíó 18:15		
19-20					Ífj-Núp 20:30-21:00		
20-22					Bus Ífj-Núp 00:00 on request Act alone	Bus Ífj-Núp-lfj on request Act alone	Bus Ífj-Núp-lfj on request Act alone

VIKUSKIPULAG VIKU 3 - SCHEDULE WEEK 3 (subject to minor changes)

	Mán /Mon. 16.08.	Þri /Tue. 17.08.	Mið /Wen. 18.08.	Fim /Thu. 19.08.	Fös /Fri. 20.08.	Lau./Sat. 21.08.	
08-09	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
09-12	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	Bekkir/classes ABCD	FINAL EXAM	Núpur-Reykjavík via Hólmavík (460 km). Departure of the bus 9:00 from Núpur.	
12-13	Lunch	Lunch	Lunch	Lunch	Lunch		
13-14		Núpur-lfj 13:15-14:00					
14-16	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður	Theatre: Gísli the Outlaw	Málfræði/Questions about grammar	Hópavinna/Group work ABCD		
16-18	Valnámskeið/ Electives at Núpur	Valnámskeið/ Electives at Ísafjörður	Rattleikur/Gísli-Rallye on the sites of the Gísli Saga in Haukadæl				
18-19		Ífj-Bónus-Núpur 17:30-18:30					
19-20					Final ceremony and dinner at Núpur		
20-22						Menningarnótt í Reykjavík/ Cultural night in Reykjavík	

IceBreaker

IceBreaker at Hótel Núpur. Light buffet and introduction.

Ísafjörður – Places to know

A fun excursion around Ísafjörður where you get to know the town a little bit.

Classes in the morning: Mon-Fri 09-12

Basics of grammar and vocabulary taught through lectures and exercises. Training in reading and writing skills up to CEFR level **A1/A2/B1**. Students will be divided into four groups and levels according to their own assessment and success in IcelandicOnline. The course will end with a final exam.

Electives in the afternoon

In the afternoons you will have a wide variety of electives to choose from. Electives are to be booked via the virtual classroom MySchool on www.uwestfjords.is before or during the course. There is a maximum number of places for each elective.

a) Núpur

The electives consist of pronunciation and conversation exercises for small groups, language games, problem-based learning, but here you will also find lectures in easy Icelandic (you will be surprised how much you already understand) as well as choir singing under the guidance of a professional choral director. Minimum number of places is required for each course or the course will not be taught.

b) Ísafjörður

Electives offered in Ísafjörður focus on exercises in the society: you will improve your Icelandic by practicing in a supermarket as well as in the bakeries. You might want to take some time in between for a visit to the cafés of Ísafjörður. Minimum number of places is required for each course or the course will not be taught.

To offer more variety of electives to choose from the electives are both for students in the *Three week course for exchange students* and students in the *Three week course in Icelandic and Culture*.

Málfræðisurningar/Questions about grammar

Do you have any grammar questions? Here you can come and ask a teacher about grammar, whether you want to know more than what the morning lessons give you, or if you do not understand the grammar that is taught in the morning lesson. These sessions are not obligatory.

Fridays: Watch a film with a teacher

Your instructor briefly introduces the film in simple Icelandic and goes over key vocabulary. Films will be in Icelandic (some have English subtitles). After the film there is time for discussion.

The films are both for students on the *Three week course for exchange students* and students on the *Three week course in Icelandic and Culture*.

Excursion to Þingeyri

One Wednesday afternoon we will plan an excursion to a fish processing factory or a fish farm, as this is the basis of the Westfjords economy. The guide will speak simple Icelandic. This excursion is included in the course fee.

Gísla Saga theatre and visit to the sites of the saga in Haukadal

Núpur is just opposite Haukadalur, where Gísli lived before he was outlawed. As Gísla Saga is one of the most famous Icelandic sagas, we think you should visit Haukadalur.

During the final week, there will be an introduction to the famous saga in simple Icelandic, and a visit to one of the settings of the saga, where you will have to use your Icelandic. We will watch an acclaimed stage version of Gísla Saga, performed as a one-man production by Elfar Logi Hannesson. The Gísla Saga programme is included in the course fee.

The Gísla Saga programme is both for students on the *Three week course for exchange students* and students on the *Three week course in Icelandic and Culture*.

Kór - Choir

For three weeks there will be choir practice in Núpur. The dates have not been decided yet.

Act alone festival

Act alone is a theatre festival dedicated to the art of acting alone, a monodrama. The Act alone festival is held every year in the town of Ísafjörður in the Westfjords of Iceland. There is no entrance fee at the Act alone festival. The Comedy Theatre stands for Act alone and the director and founder of the festival is Elfar Logi Hannesson. For more information see the website www.actalone.net.

Friday evenings in Ísafjörður

We provide a late bus from Ísafjörður to Núpur on Friday evenings on request, for a reasonable fee, to accommodate special evening events. Please book the bus in your virtual classroom MySchool no later than on Thursday evening.

Saturdays and Sundays: Free time for your own activities

At Núpur Boarding School, nature and a few farms surround you. Bird watchers will find the arctic loon breeding some 400m from the school, and most of the other Icelandic birds in the schoolyard. Just step out and go for a walk along the shore or up to the 750m high steep mountains behind the school. Nearby Hótel Núpur you can find the oldest botanical garden in Iceland, open at all times.

Hótel Núpur will organise horse riding and kayak tours as well as fjord angling for a reasonable fee. Jogging, football, ping-pong and other sports are just outside your doorstep. For reflection, we recommend Núpur church, or of course the wide, scenic nature.

As you are new to Iceland, in an area far from Reykjavík, you might want to make a day trip to some parts of the country you would otherwise not visit. Hótel Núpur can help you to organise day trips. Please contact Hótel Núpur (www.hotelnupur.is or info@hotelnupur.is) for more information or check out the website www.westfjords.is.